



But on the first day of the week, at early dawn, they came to the tomb, taking the spices that they had prepared. They found the stone rolled away from the tomb, but when they went in, they did not find the body. While they were perplexed about this, suddenly two men in dazzling clothes stood beside them. The women were terrified and bowed their faces to the ground, but the men said to them, “Why do you look for the living among the dead? He is not here, but has risen.

Luke 24:1-5  
NRSV



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“Overcoming Fear”  
Easter 2018

Easter morning, Jesus is alive and the women were \_\_\_\_\_.  
We can quickly \_\_\_\_\_ the good promises of God (Luke 24:6-7).  
We are called to \_\_\_\_\_ Jesus’ words and tell *all the rest* (24:8-9).

**Where are the Eleven Disciples?** (John 20:19a)

That evening, the doors were \_\_\_\_\_ for \_\_\_\_\_ of the Jews.  
Jesus appears and says, “\_\_\_\_\_ be with you” (John 20:19b).

**Jesus Responds to their Fear** (John 20:20)

Jesus repeats, blesses and \_\_\_\_\_ (John 20:21).  
Jesus empowers them by giving them the \_\_\_\_\_ (22).  
Now with peace and power: a \_\_\_\_\_ creation, the disciples go unafraid.

**The Problem of Fear: F \_\_\_\_\_ E \_\_\_\_\_ A \_\_\_\_\_ R \_\_\_\_\_**

Fear is a powerful and \_\_\_\_\_ emotion designed to help us.  
Humans have a unique capacity to plan for what \_\_\_\_\_ happen.

\_\_\_\_\_ % of congregants in a recent survey reported living with  
“*moderate or significant levels of fear.*” – Rev. Adam Hamilton

The greatest fear for those under age 50 is fear of \_\_\_\_\_.  
The greatest fear for those 50+ is the direction of our \_\_\_\_\_.

- 1. Fear can make us \_\_\_\_\_ what we know to do.** (Isaiah 41:10)  
- This is why we \_\_\_\_\_ our faith or skill daily.
- 2. Fear tries to keep us safe, but can also keep us \_\_\_\_\_.**  
- This is why we gather in community to keep \_\_\_\_\_.
- 3. When fear \_\_\_\_\_ us, it is often because we “catastrophized.”**  
- We can plan, act, worship, and serve (James 2:17).

**How to Overcome Fear: (Action Steps)**

**F**ace your fears with \_\_\_\_\_. Scripture (1 Cor. 15:3-6)

**E**xamine your assumptions in light of the \_\_\_\_\_. Study

**A**ttack your anxieties with \_\_\_\_\_. Service, Fellowship

**R**elease your \_\_\_\_\_ to God. Prayer (1 Cor. 15:51-58)



*Courage is fear that has said its prayers. – Dorothy Bernard*

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