

“The Secret Cure”
FOMO Sermon Series
August 26 & 28, 2016

Introduction: Fear and scarcity trigger comparison: FOMO


More than half of Millennials (ages 19-34) do this first thing in the morning and the last thing before they go to bed. What is it? _____
_____ % of Millennials do this in the middle of the night.
For many of us, our first thought in the morning is “I didn’t get enough _____” and our last thought before going to bed is “I didn’t get enough _____.”
This is the tyranny of never enough. Never _____ enough.

I. Good News: There Is a Cure! (Mark 8:34 MSG)

Jesus said, “*Anyone who intends to come with me has to let me _____.* You are not in the driver’s seat, I am.”
“*Don’t run from suffering; embrace it. Follow me and I’ll show you _____*” (Mark 8:35-37)

II. The How is V _____ of Being Adequately Loved

This is not winning or losing. This is being A ____ In: Win or lose!
(Matthew 10:34-39) Do the stuff! P _____, P _____, G _____,
S _____, and W _____ and see what God will do!

 You can’t win at following Jesus because you don’t determine the outcome. You can be healed however. Are you game?

The Christian ideal has not been tried and found wanting. It has been found difficult; and left untried.” – G.K. Chesterton

III. The Result: (Philippians 4:6-7)

“Instead of worrying, p _____.”
“*It’s w _____ what happens when Christ displaces w _____ at the center of your life.*”

IV. The Requirement: (Philippians 4:8-9)

Fill your mind with what is true and gracious:
“*the b _____, not the worst.*”

Action Step: Read Colossians 3:1-17 each morning to start the transformation. **Interlace** your life with the actions of God.



I’ve learned by now to be quite content whatever my circumstances. I’m just as happy with little as with much, with much as with little. I’ve found the recipe for being happy whether full or hungry, hands full or hands empty.

Philippians 4 (the Message)

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