

“Don’t Look Back”
FOMO Sermon Series
August 5 & 7, 2016

Introduction: FOMO: the fear of missing out on something or someone more interesting, exciting or better than what we are currently doing.

It is an i _____ control problem and that is as old as time.



Comparing our real selves to the idealized selves of others on social media makes us miserable. Please stop. – Mark Foster

I. Lot is not a g _____ guy. Genesis 13:8-13 NRSV

Lot is living in the place of his own c _____.

The geological rift has extensive sulphur and petrochemical springs.

The ecological disaster is woven into stories of Abraham’s family.

II. Two a _____ arrived at Sodom. Genesis 19:1-3

Genesis 19:4-5, Shows the collective character of Sodom and sexual violence against _____ man or woman in the area.

Lot’s daughters were betrothed and yet Lot makes an unbelievable move. Genesis 19:6-9

The angels save Lot anyway. Genesis 19:10-11

Genesis 19:12-14, The fiancée’s treated the warning as a _____.

Genesis 19:15-17, Lot d _____ his feet!

III. Lot negotiates in the midst of disaster. Genesis 19:18-20

The angels are merciful to Lot and his family. (21-25)

Lot’s wife looked b _____ and turned into a pillar of salt. (26)

(27-29) God saved Lot because “He was mindful of A _____.”

IV. FOMO ends in disastrous consequences. Genesis 19:30-38

The daughter decides, “There’s no other way.”

Fear drives us to tragic conclusions and actions.

Moabites and Ammonites are neighbors of Israel.

God works a future m _____ out of tragedy.

Ruth was a M _____ making Lot’s daughter’s son the ancestor of both D _____ and J _____!

Action Steps: 1. C _____ how many times you check your phone for texts, status updates, email, in a day. How many? _____

2. Set a family l _____ or time when phones are checked or flipped.



At break of day, the angels pushed Lot to get going, “Hurry. Get your wife and two daughters out of here before it’s too late and you’re caught in the punishment of the city.”

Lot was dragging his feet. The men grabbed Lot’s arm, and the arms of his wife and daughters—GOD was so merciful to them!—and dragged them to safety outside the city. When they had them outside, Lot was told, “Now run for your life! Don’t look back!”

Genesis 19 (The Message)



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