

“Worry Not”
What Not to Do Sermon Series
August 21 and 23, 2015

Introduction: Therefore I tell you, do not _____. Matthew 6:25
What is the “Therefore” there for? Matthew 6:19-24
Where your money is, your heart _____ will follow. - Jesus
“You cannot serve _____ God and wealth.” - Jesus
Jesus often taught by asking great _____.

I. Jesus gives a stark command and warns _____.
Do not worry about your life _____, what you will eat
or what you will wear. Matthew 6:25
Worry is about life _____. Worry is about the future _____!
Is your life _____ more than food and clothes?
Is your life _____ more than what you _____ about?
Worry will _____ your life! I’ve seen it in Edmond.

II. How do you _____ worry? Jesus offers an antidote _____ to worry.
Matt 6:26, “Look _____ at the birds of the air.” – Jesus
Matt 6:27, Can you “by worrying _____ add a single hour
to your life?”
Matt 6:28, “They do not labor _____ or spin _____.”
Matt 6:29-31, “Will God not much more clothe _____?”
“What shall _____ we eat, shall _____ we drink, shall _____ we wear?”
Matt 6:32, Pagans run _____ **after** all these things.
Matt 6:33, But seek _____ **first** his kingdom and all these things
will _____ be given to you as well. - Jesus

III. The Problem is that _____ or _____ in God.
Do not drag the concerns of _____ into _____.
“Worry is about chasing things you can never get
because it’s tomorrow.” – Andy Stanley
“When you are tempted to be _____ from _____,
look for a way to participate in what God is doing _____.”
Therefore do not worry about _____.
Therefore do not worry about _____.

Jesus’ Answer: John 14:1, “Believe _____ in God, believe in _____.”
Jesus’ Promise: John 14:27, “Peace _____ I leave with you.” Phil. 4:6

Action Steps: Ask God, “What are _____ going to do _____?”
Leave the _____ to God. Matthew 6:25



Matthew 6: 25-34 (NIV)

“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life? And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.”

