



## **General Information**

**Dates:** Friday, April 5 - Saturday, April 6

**Location:** Canyon Camp - Hardt Lodge (Hinton, OK)  
31600 Camp Rd. Hinton, OK 73047  
Camp Phone: (405) 542- 6967

**Check-In Time:** 6:30pm

**Investment:** \$75 (lodging, meals, t-shirt included)

**Worship Speaker:** Dr. Robyn Goggs  
Church of the Servant Associate Minister

**Worship Leader:** Megan Engelhard, Acts 2 Children's Director

**Emergency Contacts:**  
Melissa Nelms (405) 589 – 6582  
Acts 2 UMC (405) 359-2287

## **Retreat Schedule**

### **Friday:**

- 6:30 pm            Check-In (Camp Canyon - Hardt Lodge)
- 7:30 pm            Worship – “Recharge Your Relationships”
- 9:00 pm            Dessert, Coffee & Mixers

### **Saturday:**

- 7:30 am            Sunrise Physical Activity (run, hike, walk)
- 8:00 am            Breakfast
- 8:45 am            Worship – “Recharge Your Body”
- 10:00 am          Morning Activity Options
- Physical Activity
  - Cross Hike
  - Prayer Labyrinth
- 11:00 am          Lettering Workshop with Meagan Durham
- 12:00 pm          Lunch
- 1:00 pm            Prayer Bead Workshop with Melissa Nelms
- 2:30 pm            Afternoon Activity Options
- Prayer Labyrinth
  - Cross Hike
  - Craft
- 3:30 pm            Free Time
- 5:00 pm            Dinner
- 6:00 pm            Worship & Communion – “Recharge Your Spirit”

### **Packing List:**

- Bible
- Pen
- Water bottle (optional)
- Closed-toe shoes (required for hiking)
- Active wear (if you plan on participating in the hike, morning run, or physical exercise during activity options)
- Sweatshirt or jacket (the lodge can be chilly)
- Toiletries
- Snack to share
- Bedding & towels **are provided**, but feel free to bring your own pillow or favorite blanket to make you more comfortable
- Medications