

**“Choose Your Traveling Companions Wisely”**  
**Disrupted Sermon Series: Week 2**  
**Dr. Mark Foster**  
**Ecclesiastes 4:9-10**  
**April 26, 2020**

Principle 1: Say Yes to God – Psalm 145:8-9

Principle 2: Choose Your Traveling Companions Wisely

*The happiest people I know regularly surround themselves  
with spiritually mature, well-grounded people.*

**Obstacles**

We struggle when we focus on the \_\_\_\_\_ facing us rather than the \_\_\_\_\_ with us.

Know who is in your \_\_\_\_\_.

1. Those who \_\_\_\_\_ with you.
2. Those who \_\_\_\_\_.
3. Those who are drilling \_\_\_\_\_ in your boat.

Some \_\_\_\_\_ are not able to do the things that our community is supposed to do for us.

*If your people avoid their deeper issues, then you can bet they're unable to help you with yours.* Dr.  
Henry Cloud & Dr. John Townsend

**Biblical Wisdom** - Ecclesiastes 4:9-12

We all need a \_\_\_\_\_. We hurt ourselves when we think we don't need a mentor/teacher.

We all need a \_\_\_\_\_. A non-anxious listening presence. Proverbs 15:22, 11:14

We all need a \_\_\_\_\_. The gift of honest feedback. Proverbs 25:12

*We are not looking for \_\_\_\_\_ people.  
We need wise and loving friends who will be there to help.*

**Three Guidelines for a Strong Support Group**

1. A \_\_\_\_\_ place to bring your struggle.
2. A requirement for people to take personal \_\_\_\_\_.
3. A way to use \_\_\_\_\_ to learn and grow, rather than feeling discouraged or condemned by it.

**Acts 2 Community Core Values**

1. \_\_\_\_\_ ALL: We open doors to help others find Christ, we serve others to help them grow in Christ, and we trust God with the outcomes.
2. \_\_\_\_\_ AUTHENTICALLY: We love God and others without pretending.
3. \_\_\_\_\_ OF THE WORLD: We share the joy that has been shared with us.

**Action Steps:**

Put together a small \_\_\_\_\_ group that meets every week.

Ask God to show you \_\_\_\_\_ other people who can come alongside you in following Jesus.