

“Choose Your Traveling Companions Wisely”
Disrupted Sermon Series: Week 2
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Ecclesiastes 4:9-10
April 26, 2020

Principle 1: Say Yes to God – Psalm 145:8-9

Principle 2: Choose Your Traveling Companions Wisely

*The happiest people I know regularly surround themselves
with spiritually mature, well-grounded people.*

Obstacles

We struggle when we focus on the _____ facing us rather than the _____ with us.

Know who is in your _____.

1. Those who _____ with you.
2. Those who _____.
3. Those who are drilling _____ in your boat.

Some _____ are not able to do the things that our community is supposed to do for us.

If your people avoid their deeper issues, then you can bet they're unable to help you with yours. Dr.
Henry Cloud & Dr. John Townsend

Biblical Wisdom - Ecclesiastes 4:9-12

We all need a _____. We hurt ourselves when we think we don't need a mentor/teacher.

We all need a _____. A non-anxious listening presence. Proverbs 15:22, 11:14

We all need a _____. The gift of honest feedback. Proverbs 25:12

*We are not looking for _____ people.
We need wise and loving friends who will be there to help.*

Three Guidelines for a Strong Support Group

1. A _____ place to bring your struggle.
2. A requirement for people to take personal _____.
3. A way to use _____ to learn and grow, rather than feeling discouraged or condemned by it.

Acts 2 Community Core Values

1. _____ ALL: We open doors to help others find Christ, we serve others to help them grow in Christ, and we trust God with the outcomes.
2. _____ AUTHENTICALLY: We love God and others without pretending.
3. _____ OF THE WORLD: We share the joy that has been shared with us.

Action Steps:

Put together a small _____ group that meets every week.

Ask God to show you _____ other people who can come alongside you in following Jesus.