

“Own Your Stuff”
Dr. Mark Foster
Disrupted: Week 5
May 17, 2020

Principle 1: Say Yes to God, Psalm 145:8-9

Principle 2: Choose your Traveling Companions Wisely, Ecclesiastes 4:9-10

Principle 3: Seek Wisdom: Ask, Search, Knock, Matthew 7:7

Principle 4: Leave Your Baggage Behind, Psalm 103:11-12

The Human Condition: Genesis 3:1-8

Guilt and _____ prompt humans to attempt to hide from God.

God’s _____ for his children did not and does not change. Genesis 3:9-11

God reaches out to us to _____, and we _____ others. Genesis 3:12-13

The Problem of Blame

Blame disconnects us from _____.

Blame gives us a false sense of _____.

Blame is simply the discharging of _____ and discomfort.

Blame keeps us _____ in shame.

“If blame is driving, shame is riding shotgun.” – Brené Brown

The Way of Salvation

When we _____ our stuff, it enslaves us. John 8:31-32

When we own our stuff, Jesus helps us _____ a new life of freedom and joy. John 14:5-6

“The truth can sting – but it sets you free.” – Henry Cloud and John Townsend

The truth is not always _____. Ezekiel 36:31

Paul taught the early church to _____ themselves with truth. Ephesians 6:14

Truth yields the possibility of _____. Ephesians 6:15-16

*“You either walk inside your story and own it,
or you stand outside your story and hustle for your worthiness.” – Brené Brown*

Words of Caution and Wisdom

New life doesn’t appear fully _____, but small and immature.

“Whatever I want, need, or desire, God has a part for me to play in getting it.” – Henry Cloud

We are _____ or co-laborers with God in making a way forward. Philippians 2:12-13

The person who _____ about the problem _____ the problem. Why?

Because ownership empowers us to _____ and gives us _____!

Ownership feels _____ at first but pays off later.

Blame feels good at first, but _____ us over time.

*Resist the temptation to take _____ the blame.

Action Steps

Take _____ for the pattern of your life.

Ask God to create in you _____ - _____ to the real challenges of life.