

“Love For a Lifetime”

February 5 & 7, 2016

Introduction: In the 10 days following the 1906 San Francisco earthquake which killed 3,000 people, something strange happened... _____ surged to four times the normal rate.

Is there someone in your life you are comfortable phoning at 4am to tell your troubles to? If _____, you will likely live 1 _____!

“L _____ is more dangerous than diabetes or obesity.” – W.P.

Harvard psychiatrist, George Vaillant,

“The master strength is the c _____ to be loved.”

- Marriage r _____ problems, it doesn’t create them.
- It is more important to _____ the right person than to find one.
- Marital Happiness is reported as a r _____ bell curve.

“Aging is inevitable. M _____ is optional.”

I. Community Wisdom: 1. Make the c _____ based on forever.

2. Change is inevitable. Be willing to a _____.

3. Ask for _____!

4. Don’t go to bed _____.

5. Laugh, be silly together.

6. K _____, Communication, C _____.

7. C _____ well!

8. Pray together depending on God’s grace, power, and outcomes.

9. Quit keeping _____!

10. Lose “should,” “always,” & “never.”

“Don’t expect anything from anyone.” – No.

“Don’t expect everything from anyone.” – Yes. – Cathy Reisenwitz

II. 25 Years of Experience from Mark & Chantelle

1. C _____ can make a wonderful difference. (Preventative/Crisis)

2. Go to sleep at the same time. Rest t _____.

Set dates and time for difficult conversations that every relationship requires.

3. T _____ away together. (Invest – Matthew 6:21)

4. Prioritize your r _____, spouse, marriage.

5. Prioritize _____.

(Matthew 6: 31-34)

6. Three second k _____ or longer make a difference every day!

III. Tips and Tricks for Stronger Relationships

1. Don’t _____! (Matthew 7:1-5)

2. Six words required for a relationship to last, grow, and flourish:

“I am _____.” “I _____ you.”

3. Kids come _____! 4. No s _____! (passwords, etc.)

Action Steps: Pray Colossians 3:12-17 together each day this week.

If married, live out Genesis 2:25 this week together.

Intentionally, accept or embrace your partner’s p _____/quirks.



Then the LORD God formed man from the dust of the ground, and breathed into his nostrils the breath of life; and the man became a living being. And the LORD God planted a garden in Eden, in the east; and there he put the man whom he had formed...

Then the LORD God said, ‘It is not good that the man should be alone...’

Therefore a man leaves his father and his mother and clings to his wife, and they become one flesh. And the man and his wife were both naked, and were not ashamed.

Genesis 2:7-8, 18a, 24-25

