



Beloved, let us love one another, because love is from God; everyone who loves is born of God and knows God. Whoever does not love does not know God, for God is love. God's love was revealed among us in this way: God sent his only Son into the world so that we might live through him. In this is love, not that we loved God but that he loved us and sent his Son to be the atoning sacrifice for our sins. Beloved, since God loved us so much, we also ought to love one another.

1 John 4:7-11  
NRSV

**"This is Us"**  
February 1, 2019

**Problem**

- We know of our need to give and receive \_\_\_\_\_.
- Our \_\_\_\_\_ runs out.

**This is Us**

- "Beloved" – implying that we are \_\_\_\_\_ loved.  
"Everyone who loves is \_\_\_\_\_ of God..."  
1 John 4:7
- \_\_\_\_\_ makes us more like Jesus, who was \_\_\_\_\_ of God.  
"\_\_\_\_\_ is \_\_\_\_\_."  
1 John 4:8
- We appreciate a gift better when we know its \_\_\_\_\_.  
"He loved us and sent his Son to be the \_\_\_\_\_ sacrifice for our sins."  
1 John 4:10
- Atonement is "at-\_\_\_\_\_ -ment" with God, literally "wiping off" of sin.

*Love is always a sacrifice, but it is one worth making.*  
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- Loving like Jesus means loving people who \_\_\_\_\_ like us.  
"For if you love those who love you, what reward do you have?  
Do not even the tax collectors do the same?"  
Matthew 5:43-48
- In order to love others we need \_\_\_\_\_.
- "Boundaries define us. They define what is \_\_\_\_\_ and what is \_\_\_\_\_."  
*-Boundaries by Henry Cloud and John Townsend*

**Action Steps**

- \_\_\_\_\_ 1 John 4:7-11 each day this week.
- Invite a \_\_\_\_\_ to church next week.
- Ask God to help you \_\_\_\_\_ someone who doesn't \_\_\_\_\_ you.