



Then Jesus went with them to a place called Gethsemane; and he said to his disciples, "Sit here while I go over there and pray." He took with him Peter and the two sons of Zebedee, and began to be grieved and agitated. Then he said to them, "I am deeply grieved, even to death; remain here, and stay awake with me." And going a little farther, he threw himself on the ground and prayed, "My Father, if it is possible, let this cup pass from me; yet not what I want but what you want." Then he came to the disciples and found them sleeping; and he said to Peter, "So, could you not stay awake with me one hour? Stay awake and pray that you may not come into the time of trial; the spirit indeed is willing, but the flesh is weak."

Matthew 26:36-41

"Sloth and Diligence"

April 12, 2019

Every day is filled with decisions between _____ and _____.

The Vice: Sloth

The what: "Sloth...is the shirking of God-pleasing duties."

-Fr. Joseph David Huneycutt

-Laziness: Using _____ to avoid _____ else.

-Indifference: A lack of effort to _____ about the world around us.

The how:

-According to a Nielson Report, Americans spend more than ____ hours consuming digital media.

"Several billion people have a _____ in their pocket."

-Tristan Harris

-The average person checks his/her phone _____ times a day.

-Jesus broke the habit of sloth by _____ to be diligent.

The Virtue: Diligence

Diligence – "steady, earnest, and energetic effort." (Merriam-Webster)

"Faithfulness is a long _____ in the same direction."

-Eugene Peterson

-Jesus _____ diligence throughout his life.

"When the days drew near for him to be taken up,
he set his face to go to Jerusalem."

Luke 9:51

-Jesus entered Jerusalem knowing it would be his _____ journey.

"Who is this?" The crowds were saying,
"This is the prophet Jesus from Nazareth in Galilee."

Matthew 21:10-11

-Jesus cleansed the temple, solidifying his _____. (Matthew 21:12-17)

-When Jesus reached the garden, his _____ of faithfulness and prayer won out over temptation.

"My Father, if it is not possible for this cup to be taken away unless I drink it, may
your will be done."

Matthew 26:42

Action Steps

-Address the _____ your bad habits are allowing you to avoid.

-Make a _____ for your low-quality leisure time.

-Make a plan to pray _____ this holy week.