



Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things.

Philippians 4:8

"Lust and Chastity"

March 15, 2019

A Matter of Life and Death

Pride leads us to think we are better _____. Humility lets us see ourselves clearly and have an authentic connection with God.

Anger leads to captivity. Patience releases us from _____.

Lust and Chastity

"Chastity is the _____ popular of Christian virtues." C. S. Lewis

Left unchecked, lust can _____ our relationships and _____ our capacity to love.

The Vice: Lust

"Lust means looking at another with _____ longing."

Fr. Joseph David Huneycutt

"But I say to you that everyone who looks at a woman with _____ has already committed adultery with her in his heart." Matthew 5:28

The problem is not the thought, but choosing to _____ on it.

One of the most common manifestations of lust is _____.

Lust turns people created in the image of God into _____ for our use.

Lust can also lead toward _____.

The Virtue: Chastity

"Chastity refers not only to abstinence from sexual sin, but to _____ in all things." Fr. Joseph David Huneycutt

Chastity doesn't repress sexual desire; it _____ desire in a faithful and life-giving direction.

As we grow in love, we no longer see others as objects for our use, but as beloved children of God. #1Cfridays

Action Steps

Identify the areas where you are _____.