



“No good tree bears bad fruit, nor again does a bad tree bear good fruit; for each tree is known by its own fruit. Figs are not gathered from thorns, nor are grapes picked from a bramble bush. The good person out of the good treasure of the heart produces good, and the evil person out of evil treasure produces evil; for it is out of the abundance of the heart that the mouth speaks.”

Luke 6:43-45

## “Overflow”

May 24 & 26, 2019

In our faith journeys, overflow is essential!

Jesus is making a direct connection from our actions, to our hearts. Our outward actions aren't separated from our inward affections.

Good, fruitful ministry is an overflow.

Fruitful ministry is connected to a filled heart.

Galatians 5:22-23

The fruit of the Spirit overflow from a life filled with the Spirit.

Living in the “overflow” fights burnout!

In the “overflow,” ministry becomes less of a forced action, and more of a grace-filled response.

### **Filling Our Hearts with the Word of Christ**

Obedience flows from a heart filled with God's word.

We shouldn't take lightly what we fill our hearts with, because it will end up overflowing into our lives.

Psalms 119:11 and Colossians 3:16

### **Filling Our Hearts with the Love of God**

Romans 5:5

Two Examples of Overflowing Lives in Scripture:

1) Jeremiah the Prophet

Jeremiah 20:7-8; 9 “I am weary with holding it in, and I cannot.”

2) Peter and John

Acts 4:16-20 “We cannot keep from speaking about what we have seen and heard.”

Overflow can occur in the driest surroundings.

### **Action Steps**

1) Read Psalm 119 this week.

2) Monitor what is going into your heart this week.

Proverbs 4:23: “Keep vigilant watch over your heart; that's where life starts.”