

# THE BEST TEACHING YOU'LL EVER HEAR

*"When Jesus concluded his address, the crowd burst into applause. They had never heard teaching like this."*

## THE SERMON ON THE MOUNT

A SERMON SERIES

"So don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear?' These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. "So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today."

Matthew 6:31-34  
NLT

## "A Life Without Worry"

August 16, 2019

Wherever you may find yourself, peace is \_\_\_\_\_!

"I have said this to you, so that in me you may have peace. In the world you face persecution. But take courage; I have conquered the world!"

Jesus, in John 16:33

Two Consistencies:

1) This world gives \_\_\_\_\_.

Worry is the state our hearts \_\_\_\_\_ go to in times of trouble or uncertainty.

2) Christ gives \_\_\_\_\_.

When this world gives us worry, Christ gives us the only remedy strong enough to defeat worry: His \_\_\_\_\_.

This world, and the worry within it, doesn't have final say. That's the hope we have as Christians!

1 John 5:4-5; With Christ, our faith \_\_\_\_\_ the world. It's not the other way around.

Whenever we are tempted to worry and give in to fear, remember: Our Christ has overcome the world, and through \_\_\_\_\_, we can too.

### How to Live Without Worry

1) Examine Ourselves

First, let's examine what we \_\_\_\_\_ (Mt. 6:19-21).

"What do I treasure?" The answer to that question will indefinitely determine the way we live our lives.

Second, let's examine our \_\_\_\_\_ (Mt. 6:22-23).

Third, let's examine our \_\_\_\_\_ (Mt. 6:24).

When we're trying to balance between serving \_\_\_\_\_ and \_\_\_\_\_, peace and rest seems so far away.

2) Know Who We Are (Mt. 6:26-32)

3) Know Whose We Are

[Our peace is not found in the mountain we're on or the valley we're in.](#)

[Our peace is found in the One who created the mountains and valleys.](#)

[#1Cfridays](#)

**Action Steps:** 1) Spend more time praying and reading the Bible than \_\_\_\_\_ on social media this week. 2) "Strive \_\_\_\_\_ for the Kingdom of God and His righteousness" (Mt. 6:33). 3) Ask another person to pray for you and what you're \_\_\_\_\_ about.